

For some words containing a long "e" sound, use "ie" but change to "ei" if the long "e" sound follows a "c". (But be aware that there are many exceptions!)

Add the correct spelling then write the word and its meaning:

shk		
caffne		
cod ne		
w rd		
prot n		
sze		
szure		
skn		
sp cies		
ther		
n ther		
ath st		
Complete each	sentence, choosir	ng words from the lists above:
Medicines containing are used for short term treatment of pain .		
The orthotic inse	erts inside my shoes	felt a littleat first .
Nuts and seeds a	nre high in	I have a 000
Coffee and tea co	ontains	
		naturally dyed wool .
Type of substance	Example of substance	Effect on body
<u>a salgesic</u>		•••• relieves pain.
<u>s t i m t</u>		•••• keeps you awake.
<u>prot</u>		•••• builds and repairs cells for healthy functioning of the body.
<u>a l e r g e n</u>		•••• triggers an allergic reaction in susceptable people.
<u>vacci</u> e		•••• triggers the production of antibodies that fight a particular disease and then protect against it in the future.

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