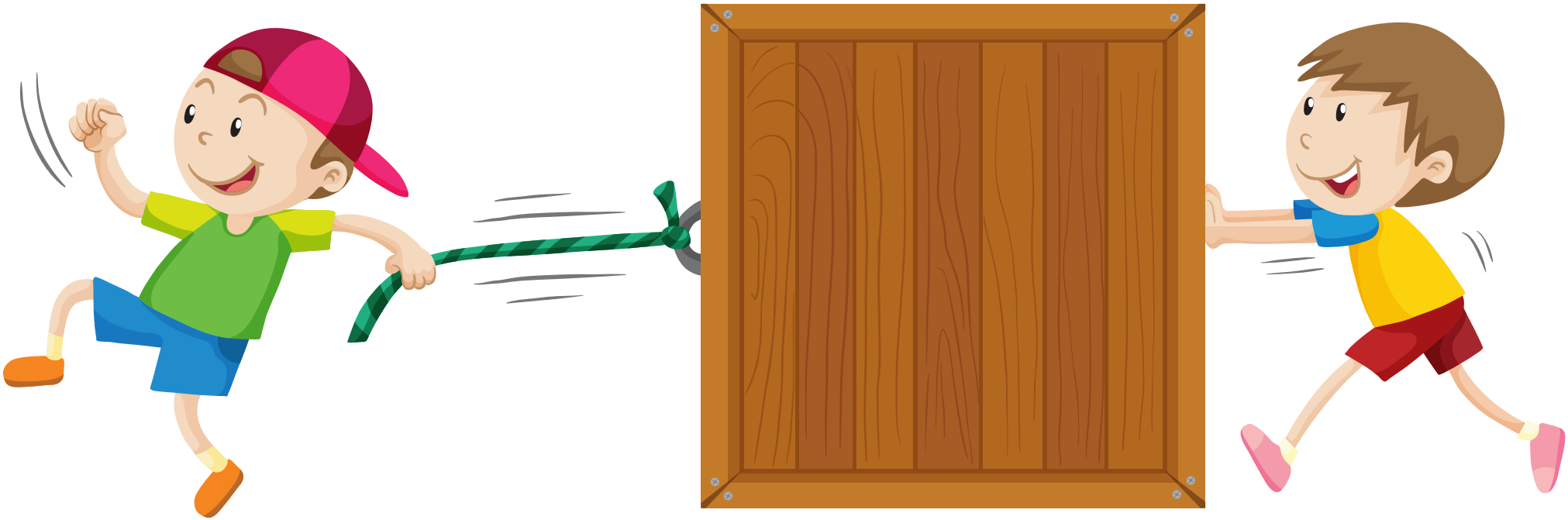
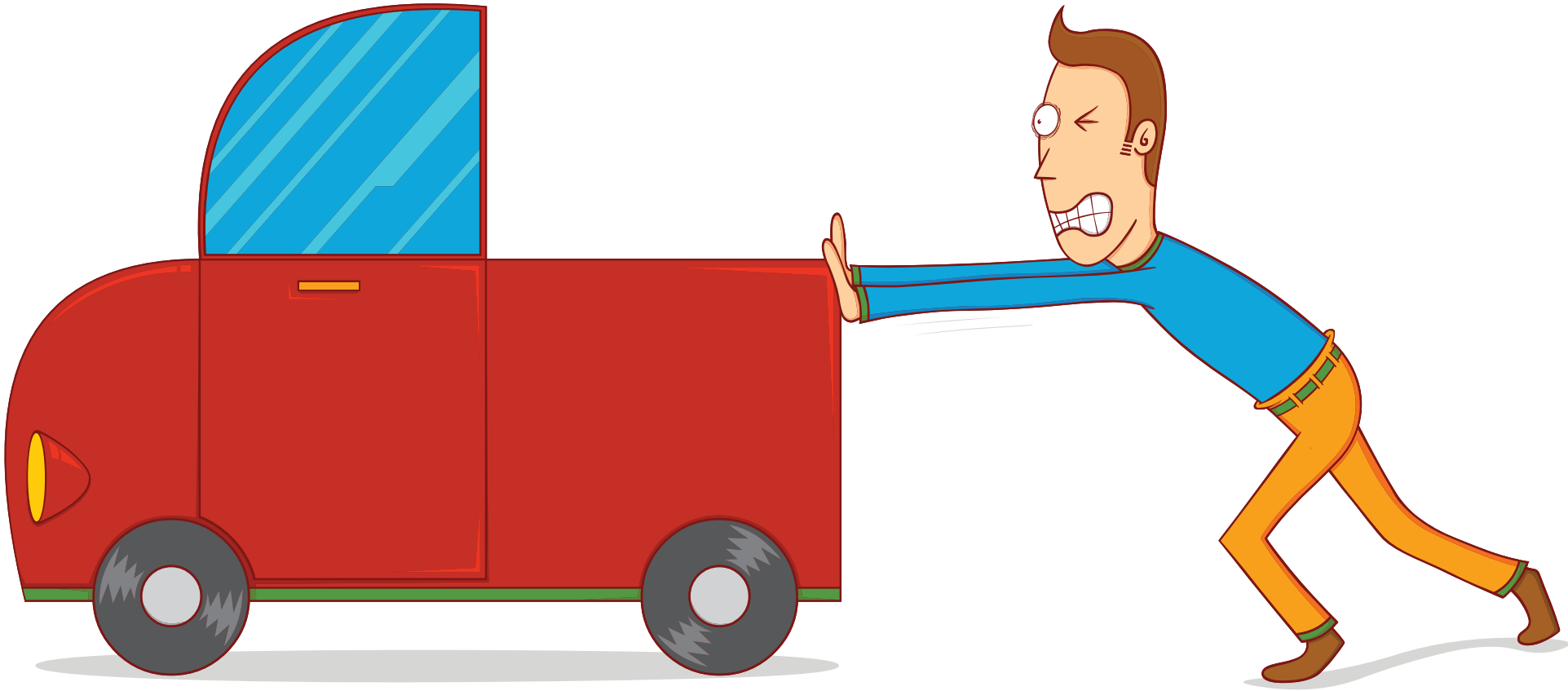
A force is a push or a pull.



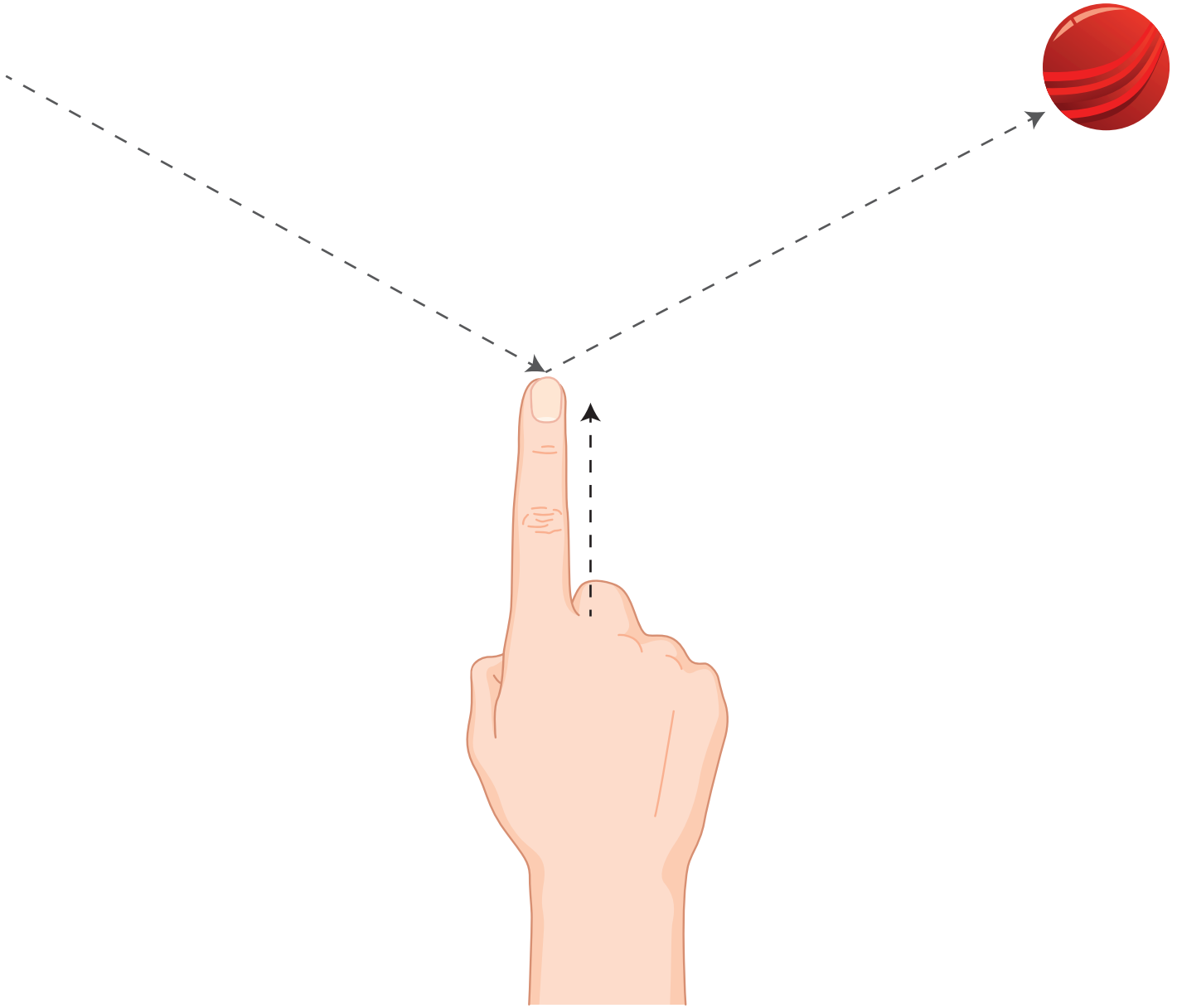


You can PUSH an object to make it move.

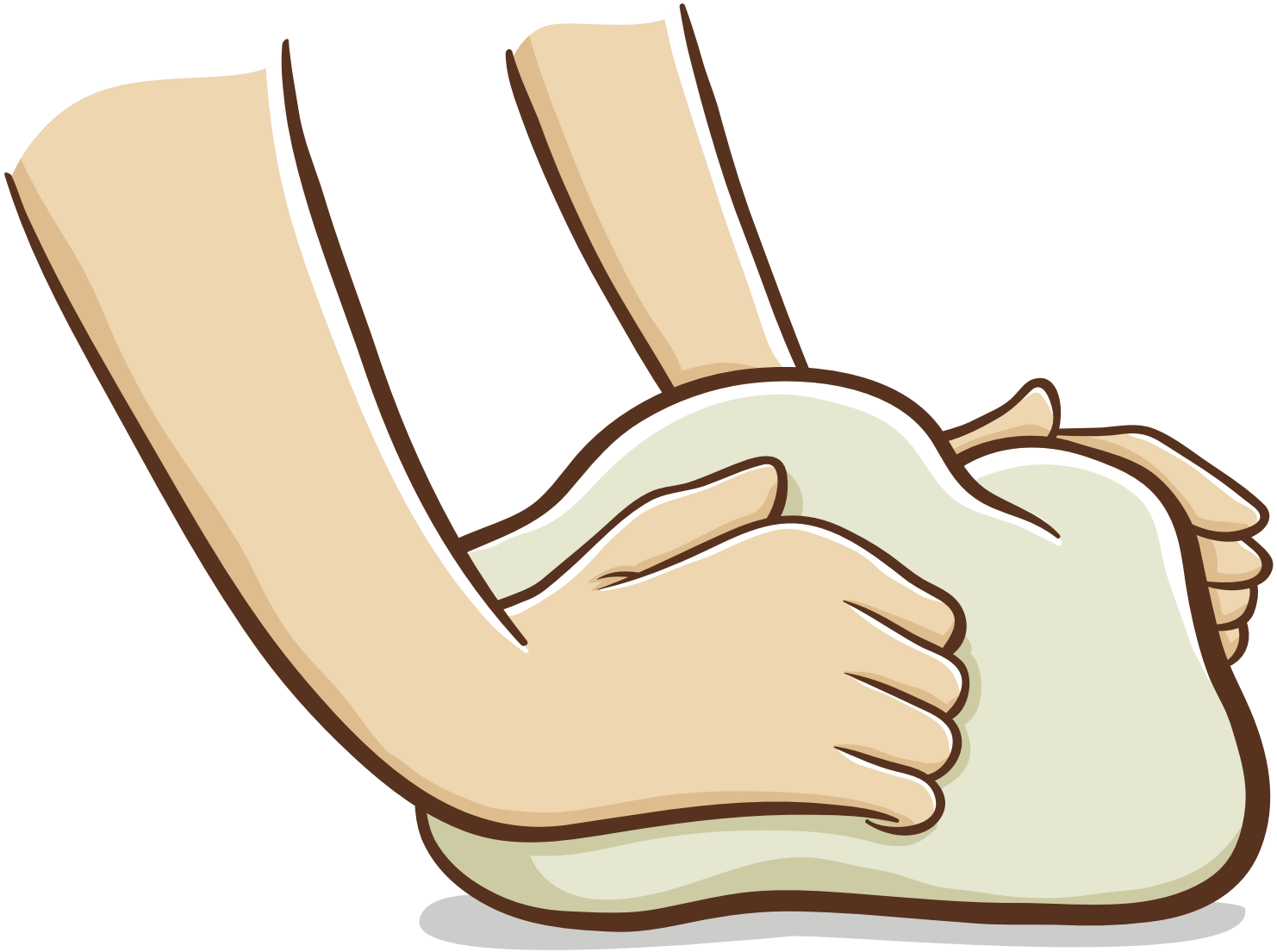
You can PULL an object to make it move.

Give examples of objects that are moved by pushing them.

Give examples of objects that are moved by pulling them.



A force like a push or a pull can also change the direction of an object.



A force like a push or a pull can also change the shape of an object.

Forces like pushing and pulling can make things move, stop or change directions.