



Growing Your Own Tomatoes

Tomatoes are versatile. They can be eaten raw or cooked and come in a variety of different shapes and colours.

Best of all, they are very easy to grow!

You will need:

gardening gloves and tools
tomato seeds
seedling pots
potting mix
well dug garden bed or pots
a garden stake for each plant
garden string
fertilizer



Spring and Summer are the best times to grow tomatoes.

Fill some seedling pots with potting mix and place 2 tomato seeds in each pot. Cover with a little more potting mix and water well. Make sure the pots are kept moist but not too wet. Your seedlings should germinate (sprout) after about 10-14 days.

The seedlings need plenty of sunlight, about 12- 16 hours of light per day. If both seeds have germinated, keep the stronger of the two. (Pinch out the smaller one to allow the other to grow tall and strong.)



When your seedlings are big enough you can take them out of their pots and plant them in your garden.

Try not to disturb the soil around the roots when you transplant your seedlings.

Keep them well watered and fertilize them about a month after planting. Continue to fertilize every 2-3 weeks throughout the growing season.





As your tomato plants grow they will need support to keep them upright.

Push a garden stake into the ground near each plant. Use garden string to gently tie each plant to their stake.

Green tomatoes should start to appear about 40-50 days after planting.



You can allow tomatoes to ripen on the vine but be sure to pick them before the birds do!

Picked tomatoes will continue to ripen indoors if you place them on a sunny window sill.

