

Name: _____

Date: _____

Gymnastics Class

Hi, my name is Aimee. I do gymnastics with my friends after school.

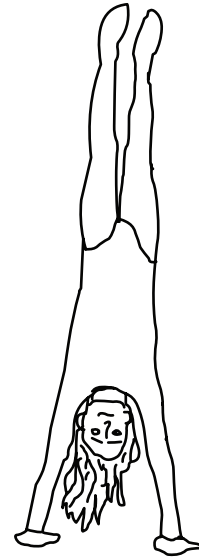
This is our teacher Sandy. She always encourages us to try our hardest.

Today we are doing bar work. We use chalk on our hands so we don't slip.

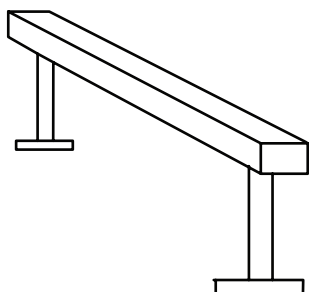
When we were little we loved rolling on the mats and stretching our bodies. We loved swinging on the ropes and bars and balancing on the beam.

Now we can do handstands and leap through the air on the trampoline.

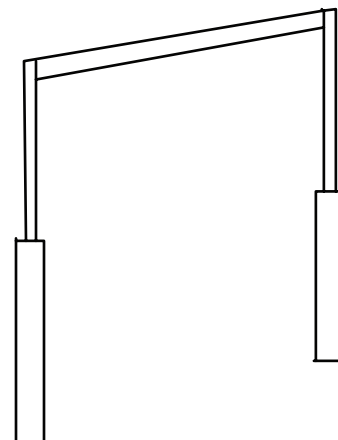
We love gymnastics!



Draw someone balancing on the beam



Draw someone swinging on the bar



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Answer these questions.

1) When does Aimee go to gymnastics classes?

2) What is the teacher's name?

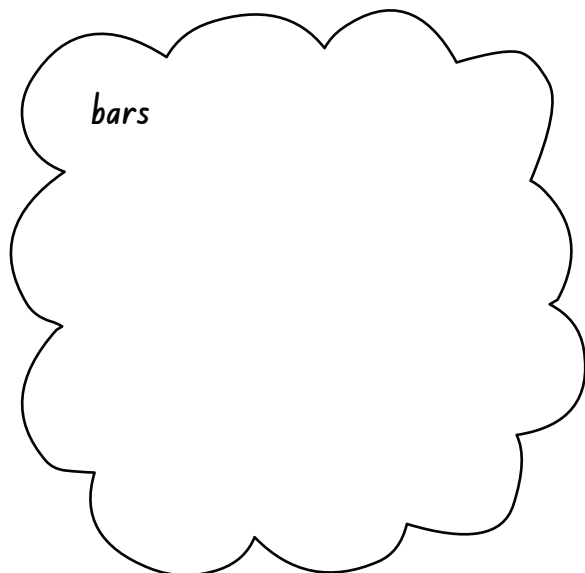
3) Name two things she and her friends can do well at gymnastics.

4) How long has Aimee been coming to gymnastics classes?

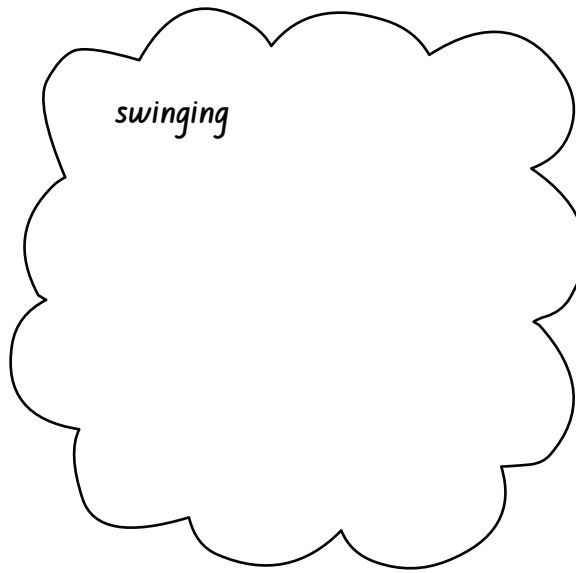
5) How do you know?

List as many verbs and nouns you can think of that are related to gymnastics.

NOUNS



VERBS



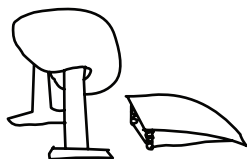
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WRITING A NARRATIVE

Imagine Aimee is competing in a gymnastics competition. Write a narrative about her performance. What equipment will she use? What scores will she get? How will she feel about her performance?

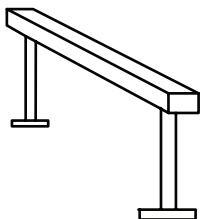
Use the pictures and the space below to write some quick notes for possible ideas before writing your narrative.



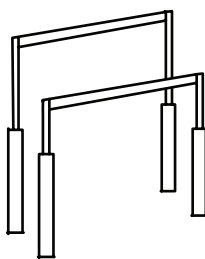
vault



floor exercise



balance beam



uneven parallel bars

Possible plot complications:

Word Bank

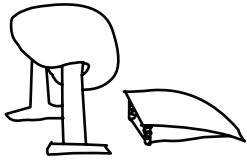
somersault, springboard,
tumbling, balancing,
twisting, turning,
dismount, landing.

Name: _____

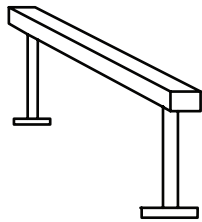
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- Build a word list for each event. Add verbs to the equipment list.
- Explain how the gymnast uses the equipment in each event.

Vaulting horse, springboard, mats, run, bounce, twist, turn, somersault, land



vault



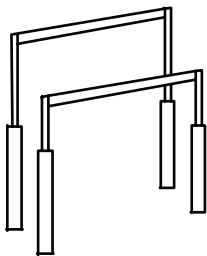
balance beam

Balance beam, mats



floor exercise

Sprung floor area,



uneven parallel bars

Uneven parallel bars, mats, chalk,
