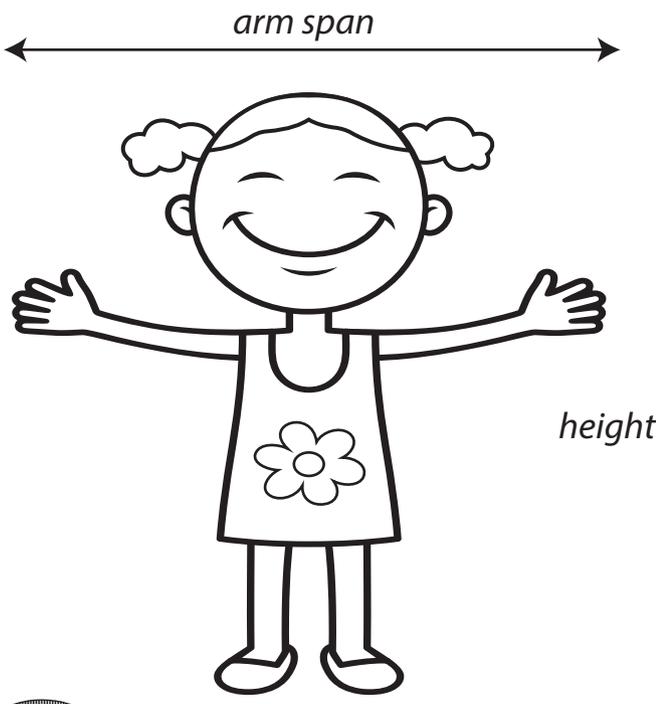


MEASURE ME

Name:



Are you a square or a rectangle?

Measure your height:

I measure _____

Measure your arm span:

My arm span is _____

Do your measurements form a square or a rectangle?

My measurements form a _____

Measure your arm length

Measure your upper arm _____

Measure your forearm _____

My whole arm measures _____

Measure your hands

Measure your hand length _____

Measure your hand span _____

Measure your leg length

Measure your thigh _____

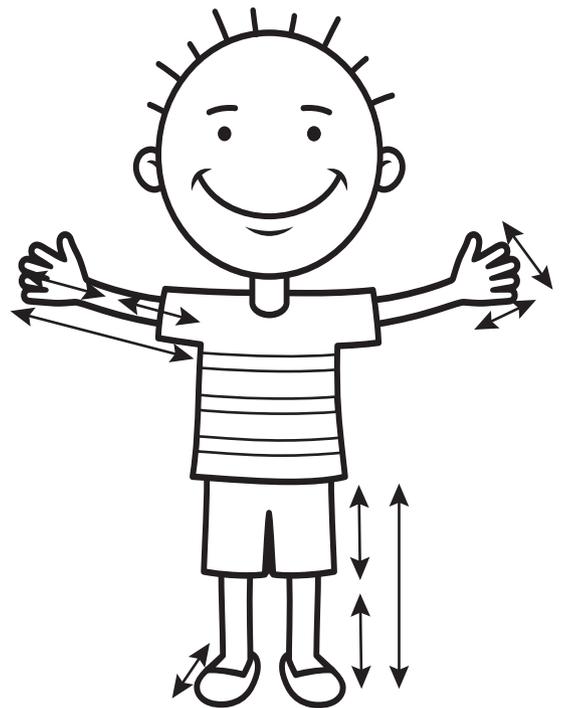
Measure your lower leg _____

My whole leg measures _____

Measure your feet

Measure your foot length _____

Measure your foot width _____



Did you know?

- A female blue whale measures about 33 m in length.
- A blue whale calf measures about 6 - 7 m when they are born.

Use a tape measure:

Measure around your forehead _____

Measure around your neck _____

Measure around your thigh _____

Measure around your calf _____

Measure around your waist _____